

AFTERCARE

Waxing & sugaring

SKIN + WAX CLINIC

Thank you for trusting us with your skin. This guide covers all our waxing and sugaring treatments, including Brazilian and male intimate areas. Treated skin can feel a little different for a short while, and that is completely normal. The steps below help it settle comfortably. Your therapist may give you extra advice that suits you personally. If so, please follow that first.

What's normal

- Mild redness
- Small bumps
- Tenderness
- Slight sensitivity

These usually ease as your skin settles. Intimate areas can feel a bit more sensitive than other areas, and that is okay too.

Do

- Keep the skin clean, and gently pat it dry.
- Wear loose, breathable clothing, especially after intimate waxing or sugaring, so the skin isn't rubbed.
- Cleanse gently and apply a light moisturiser.
- Wear sun protection on treated areas every day.

Don't (for the first 24 to 48 hours, as general guidance)

- Have hot baths, or use saunas or spas
- Do heavy exercise
- Swim in pools or the ocean
- Tan or use solariums
- Scrub or exfoliate
- Use heavily fragranced products
- Touch treated areas with unwashed hands
- Shave or pluck between appointments

Ingrown hairs

Once your skin has settled, gentle exfoliation can help keep hairs from getting trapped. Please don't pick or squeeze at them, as this can irritate the skin.

If you are having IPL

If you are having IPL, please check the timing with your therapist before waxing between sessions. This is our clinic's advice.

When to contact us

Please get in touch if you notice any of these:

- Redness that is spreading
- Pain that is increasing
- Pus or unusual discharge
- A fever
- Anything that simply worries you

Call us on **07 4325 4060** . If your symptoms are urgent or severe, please seek medical care straight away.

Hours

- Mon, Tue, Wed, Fri: 9am-5pm
- Thu: 7:30am-7pm
- Sat: 8:30am-4:30pm
- Sun: closed

Book online: https://skinandwax.com.au

Every skin settles a little differently, and that's okay. We're always here to help, and there is never a silly question. If in doubt, ask us.