

AFTERCARE

Laser tattoo removal & carbon facials

SKIN + WAX CLINIC

Thank you for trusting us with your skin. After a laser treatment, it's completely normal for your skin to look and feel a little different for a while. Following the steps below helps your skin heal comfortably and gives it the best chance to settle well. Your therapist may give you extra instructions that suit you personally. If so, please follow those first.

Laser tattoo removal aftercare

What's normal

- Redness, tenderness and mild swelling
- The area may look frosted (whitish) or feel warm
- Possible blistering or scabbing as the area heals

Do

- Keep the area clean and gently pat it dry
- Protect it from rubbing, tight clothing and friction
- Keep it out of the sun, and use SPF 50+ once the skin has healed
- Use the moisturiser or ointment your therapist recommends

Don't

- Pick, scratch or peel scabs or blisters
- Scrub the area
- Tan or use solariums
- Use hot baths, saunas or spas, do heavy exercise, or swim in pools or the ocean until we advise it's okay
- Apply products with strong actives to the area

Next session Please wait at least 6 to 8 weeks between sessions, and make sure the area has fully healed first. This gap is our clinic rule, and it gives your skin the time it needs.

Carbon facial aftercare

What's normal

- Mild redness or warmth
- A tight feeling
- Mild sensitivity

Do

- Cleanse gently
- Use a hydrating moisturiser
- Wear SPF 50+ every day and avoid the sun

Don't (for the first few days, or as your therapist advises)

- Pick at or scrub your skin
- Use strong actives such as retinoids or exfoliating acids
- Take hot showers, use saunas or do heavy exercise
- Tan

When to contact us

Please get in touch if you notice any of these:

- Pain that is increasing
- Redness that is spreading
- Pus or unusual discharge
- A fever
- Heavy blistering
- Anything that simply worries you

Call us on **07 4325 4060** . If your symptoms are urgent or severe, please seek medical care straight away.

Hours

- Mon, Tue, Wed, Fri: 9am-5pm
- Thu: 7:30am-7pm
- Sat: 8:30am-4:30pm
- Sun: closed

Book online: https://skinandwax.com.au

Every skin heals a little differently, and that's okay. We're always here to help. If in doubt, ask us.